



St. Joseph Parish
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Website:
<https://stjosephbalgonie.ca>
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Fr. Chinh Vu (Pastor)
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The Roman Catholic Parishes
of
St. Joseph & St. Agnes
“PEACE BEGINS WITH A SMILE”
(Mother Teresa of Calcutta)
6th Sunday Ordinary Time
NEW STANDARDS OF GOODNESS
FEBRUARY 12th, 2023

Parish Council

- | | |
|--------------------|---------------------|
| Chair Person | Lila Schneider |
| Vice Chair | Vacant |
| Deanery Rep | Bob Kardash |
| Ecumenism | John Dean |
| Liturgy | Cheryl Behrns |
| School of Religion | Bill Rieger |
| Social Justice | Jodi Eberle |
| Stewardship | Gewn Herman |
| Pastoral Care | Ken & Diane Fahlman |
| Parish Council Sec | Lila Schneider |
| Youth Ministries | Vacant |
| Parish Coordinator | Vacant |

Finance Council

- | | |
|----------------------|-----------------|
| Chairperson | Bob Kardash |
| Accountant/Treasurer | Cathy Poelzer |
| Building & Grounds | Mike Schneider |
| Members at Large | Russel McCallum |

Representatives

- | | |
|---------------------|-----------------------|
| CWL President | Lynne Kardash |
| Knights of Columbus | Lawrence Brisbois, GK |



SPHS— Board of Directors

- President:** Stephanie Vukman
Vice-president: Ken Fahlman
Secretary: Dorothy Herauf
Treasurer: Christina Herauf
Liturgy chair: Laura ignatiuk--Herauf
Maintenance chair: LeRoy Steinhubl

Website: <https://stpeterkronau.ca/>
Email: stpeterkronau@gmail.com



Pope Francis' February Prayer Intention:

For parishes - We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

From today's Reading

Sirach 15:15-20/ 1Corinthians 2:6-10/ Matthew 5:17-37

Murder and adultery are born in the heart. Jesus reinterprets the fifth commandment so that it embraces those angry feelings and emotions which may lead up to murder. And he reinterprets the sixth commandment so that it embraces lustful thoughts and desires which may lead to sexual sin and infidelity.

As for oaths: he encourages people to behave in such a way that oaths are superfluous. The disciples are simply to be truthful.

HOSPITAL CHAPLAINS

Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for anointing of the sick.
Pasqua Hospital, (306) 519-1380 General Hospital (306) 519-1405
Wascana Rehabilitation Centre (306) 530-6511



ST JOSEPH PARISH

**Welcome all
Parishioners & Visitors**

Please Note: Parishioners follow many coming events at
<https://stjosephbalgonie.ca>
Or phone the office @ (306) 771-2387

***Confession is available up to 15 Minutes before Mass
or by appointment***

**MASSES WILL BE CELEBRATED
SATURDAY @ 7:00pm
SUNDAY @ 10:30am**

MORNING MASS: 8:00 am Tuesday to Thursday
7:00 pm Every Friday—Mass & Adoration
9:00 am First Saturday of the month with Adoration

Catechism classes

will be held at St. Joseph's on the following Sunday mornings, commencing with prayers and Adoration of the Blessed Sacrament in the church at 9:15 a.m. The students have class in the basement following prayers. *All parishioners are invited to join us for quiet time in prayer and Adoration.*
February 19, 26; March 5, 12, 19, 26;
April 16, 23; May 21.

St. Joseph's CWL

sponsors a virtual rosary on Monday evenings at 7:00 p.m. using the GoToMeeting app, which is free to download. For security reasons, the link will not be in the bulletin but will be available by contacting Janette Rieger at j.rieger@sasktel.net or 306-539-2928. Please contact Janette or any CWL member with any prayer intentions. Everyone welcome!

March 11, 2023

Reconciliation Day
1:00 pm to

Donating Note: Acceptable cheque payee names on donation cheques are as follows:

**St. Joseph Parish, or St. Joseph RC Church,
or St. Joseph Roman Catholic Church.**

Please use one of these acceptable payees when writing your donation cheques to the Parish. Thank you for your continued generosity to St. Joseph.

New Options For Donating to St. Joseph Parish
Please visit our parish website:
www.stjosephbalgonie.ca

Under Giving and Sharing button, click on Donate button for

Donation Options:

Paypal or Credit Card or Debit Card.

Please indicate if Donation is for Operating or Building Fund

We now offer E-transfer
Please email donation to:
Stjosephbalgonie@gmail.com

February 12, 2023

Brunch after 10:30 Mass

**February 22, 2023
ASH WEDNESDAY Mass**

7:00 pm at St. Joseph, Balgonie
8:30 pm at St. Agnes Parish, Pilot Butte

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

PTSD is short for Post-Traumatic Stress Disorder. The DSM I 1952 edition used the term “gross stress reaction” and included combat and “civilian catastrophe.” The definition was similar to its official entry and psychiatric diagnosis into the DSM IV in 1980 and classified under anxiety disorders. With a new category created in the DSM V, PTSD is now classified under “trauma and stressor-related disorders. Certain sensations, sensory experiences (sights, sounds, smells) and/or emotions that were dissociated at the time of the trauma keep returning and do not fade with time. There is implicit and narrative memory.

For centuries it has been known by many different names related to war. Combat stress, shell shock, battle shock, combat fatigue, soldier’s heart, war neurosis and railway spine. Some of William Shakespeare’s plays and Hippocrates’ poem *De Rerum Natura* from 50 BC references flashbacks like dreams. Jean-Martin Charcot noted that “hysterical attacks” could be related to traumatic experiences years later. PTSD is not a weakness but an inherent survival mechanism that we do not have conscious control over.

Archdiocese of Regina RENEW Lent

RENEW your Lent with inspirational resources and Lenten challenges sent to your inbox each week, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news, text RENEWLENT to 514-900-0130, or email communications@archregina.sk.ca.

Best Lent Ever!

With Lent just around the corner, we wanted to let you know that the Archdiocese is doing something special to help you have the best Lent of your life. We will be participating in Dynamic Catholic’s BEST LENT EVER program and we hope you will join us.

One of the beautiful things about the program is how simple it is. Each day of Lent, you’ll receive a short video from bestselling author Matthew Kelly to inspire you and feed your soul. This year’s focus is on learning to collaborate with God to create Holy Moments and unlock our soul-potential. It’s completely free! Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca

Stewardship Bulletin Bits 6th Sunday in Ordinary Time

“For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.” Matthew 5:20

The Pharisees lived according to the letter of the law, and they used this to elevate themselves above the other people. Jesus is clear – it’s the love that you have in your heart, for God and others, that will get you to heaven. Simply following church rules to the letter and not out of love, does not necessarily put you on the path to heaven. Attending Sunday Mass and then gossiping about a fellow parishioner on the parking lot is an example of being a modern-day Pharisee.

41st Annual Nash Lecture: Science, Religion, and the Search for a Christian Anthropology

Wed., February 15, 2023 at 7:00 pm, Campion College Auditorium, University of Regina

Dr. Robert Allore, SJ

Father Robert Allore was born in Toronto, Ontario. He obtained a BSc in biology at the University of Ottawa and a PhD in Microbiology from the University of Toronto. After completing graduate studies, he worked in the Department of Medical Genetics at the University of Toronto studying gene expression in the nervous system. Robert joined the Society of Jesus (Jesuits) in 1990, completing philosophy studies at Loyola University in Chicago and theology studies at Regis College at the University of Toronto. He was ordained a Catholic priest in 2001. During his years of training with the Jesuits, he continued his research activities at Loyola University, Chicago, at Montreal General Hospital, and at Mount Sinai Hospital, Toronto, investigating the genetics of nervous system development. Father Robert Allore is presently pastor of St. Mark’s Parish, chaplain to the University of British Columbia, and an Adjunct Professor of Theology at St. Mark’s College at UBC.

The Nash Memorial Lecture Series was founded in 1979 by Joseph B. Gavin, SJ, PhD, to honour the first president of Campion College at the University of Regina, Fr. E. Peter W. Nash, SJ, Ph.D. (1913-1997). This annual lecture invites distinguished scholars from North America and around the world to make a significant contribution to the academic life of the university and community.

Save the Date!

Holy Trinity Lenten Mission with the Franciscan Friars of the Renewal (CFRs)

Theme: New Heart. New Spirit. An in-depth look at Ez 36:26.

March 20-22, 7:00-8:30 pm

All are welcome. Stay tuned for more details!

LESSON ELEVEN Is the official *Catechism* intended to be used "as is" for catechesis around the world as a part of the universal Church?

One might say no and yes. It is translated into several languages, yet there is only one *Catechism* for the whole Church that is the foundation of all other catechisms. It is a resource used when creating culturally-sensitive catechetical materials. The *Catechism* alone does not provide cultural sensitivity and diversity. In fact, it recognizes that versions are needed for "differences of culture, age, spiritual maturity, and social and ecclesial conditions..." and it is the responsibility of specialized catechisms and faith teachers to develop these variations. (See CCC#24).

Sacred Scripture: 1 Cor. 9.22 and 1 Peter 2.2.

Who decided what belongs in the Bible? Qui a décidé le contenu de la Bible ?

3 Minute Catechism Video:

archregina.sk.ca/group/catechetical-support-parishes/

Read the *Catechism* Text: CCC#s 105 & 106, 120-127

Council of Trent (1545-63): within *De Canonis Scripturis* (Decree Concerning the Canonical Scriptures) finalized the contents of the Bible, as we know it today. "...a catalogue of the sacred books be inserted in this decree, lest doubt arise in any one's mind as to which books..." Session IV, #s 42 & 43 specifically names each text to be included in the canon (the accepted/official) of Sacred Scripture.

- **Further excellent reading is Nicholas LaBanca's article:**

<https://media.ascensionpress.com/2018/10/15/how-the-new-testament-canon-was-chosen/>

St. Martin de Porres is having a Pick-up Ukrainian Supper Sunday February 26, 4:30 – 5:30 pm

Our finance committee is hosting a pick-up Ukrainian style meal on February 26, 2023, to raise funds for our parish. The meal will include perogies, sausage, coleslaw, buns, and dessert, and is catered by Valley Girls Catering. Your delicious meals will be delivered in a takeout package. Each boxed meal costs \$30.

Tickets available through the parish office beginning Tuesday January 10 until Friday February 10. Cash, cheque or e-transfer are accepted. E-transfer email:

st.martinsadmin@sasktel.net

Rite of Election

The Rite of Election of Catechumens in the RCIA process throughout the archdiocese will be held at Holy Rosary Cathedral on Sunday, February 26 at 3 p.m. at Holy Rosary Cathedral. All are invited to join with those preparing for full initiation into our faith community this Easter!

Have you been thinking of one day going to Medjugorje - could this be the time?

Join us from 11th April-21st on a pilgrimage to Medjugorje.

Daily Mass

Rosary on Apparition Hill

Stations of the Cross on Cross Mountain Talks by clergy & visionaries (when available) Visit to Cenacola - rehab for young men Eucharistic Adoration (outdoors) not to be missed.

Professional Guide

For more information, call Cathleen 306-789-0705

Way of the Cross Through the Voices of Victims of Clergy Sexual Abuse

The Way of the Cross through the Voices of Victims of Clergy Sexual Abuse will be celebrated at Holy Child on Friday, February 24, at 7 p.m. All are invited to gather together at this service of prayerful solidarity and support as we begin our Lenten journey.

Shall We Dance- Dinner and Dance

February 18, 2023

6-10 pm

Tickets @ \$35 includes supper.

Proceeds go to ANCOP Regina Community Development Program.

Anyone requesting an announcement be included in the bulletin, please email the information to

ppcsecretary.stjoseph@gmail.com by 5:00 Wednesday.

Thank you

NEW PARISHIONERS/ CHANGE OF ADDRESS

Please complete this form and place in the collection basket

Name(s) _____ Phone: _____ Email _____

Address _____ Date _____

New Change of Address Wish to have Church Envelopes Wish Home Visit