



St. Joseph Parish
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Email: stjoseph1@sasktel.net
Website:
<https://stjosephbalgonie.ca>
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Fr. Chinh Vu (Pastor)
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The Roman Catholic Parishes
of
St. Joseph & St. Agnes
“PEACE BEGINS WITH A SMILE”
(Mother Teresa of Calcutta)
7th Sunday Ordinary Time
LOVE YOUR ENEMIES
FEBRUARY 19th, 2023

Parish Council

- | | |
|--------------------|---------------------|
| Chair Person | Lila Schneider |
| Vice Chair | Vacant |
| Deanery Rep | Bob Kardash |
| Ecumenism | John Dean |
| Liturgy | Cheryl Behrns |
| School of Religion | Bill Rieger |
| Social Justice | Jodi Eberle |
| Stewardship | Gewn Herman |
| Pastoral Care | Ken & Diane Fahlman |
| Parish Council Sec | Lila Schneider |
| Youth Ministries | Vacant |
| Parish Coordinator | Vacant |

Finance Council

- | | |
|----------------------|-----------------|
| Chairperson | Bob Kardash |
| Accountant/Treasurer | Cathy Poelzer |
| Building & Grounds | Mike Schneider |
| Members at Large | Russel McCallum |

Representatives

- | | |
|---------------------|-----------------------|
| CWL President | Lynne Kardash |
| Knights of Columbus | Lawrence Brisbois, GK |



SPHS— Board of Directors

- President:** Stephanie Vukman
Vice-president: Ken Fahlman
Secretary: Dorothy Herauf
Treasurer: Christina Herauf
Liturgy chair: Laura ignatiuk--Herauf
Maintenance chair: LeRoy Steinhubl

Website: <https://stpeterkronau.ca/>
Email: stpeterkronau@gmail.com



Pope Francis' February Prayer Intention:
For parishes - We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

From today's Reading

Leviticus 19:1-2,17-18/ 1Corinthians 3:16-23/ Matthew 5:38-48

Since God is holy, we are to be holy. We are holy when we imitate the generosity of God by not exacting vengeance, or bearing a grudge against another. In Leviticus, the commandment: 'you must love your neighbour as yourself' is restricted to fellow-Israelites. But Jesus broadened it to include everyone, Gentiles as well as Jews, enemies as well as friends. Why? Because this is the way the heavenly Father acts. He shows equal love towards good and bad, not because he is indifferent to morality, but because he loves without limit.

Paul gives us a profound reason why we should respect one another: we are the Temple of God. Individually and collectively the Holy Spirit dwells in us. This is also the basis of our unity.

HOSPITAL CHAPLAINS

Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for anointing of the sick. Pasqua Hospital, (306) 519-1380 General Hospital (306) 519-1405 Wascana Rehabilitation Centre (306) 530-6511



ST JOSEPH PARISH

**Welcome all
Parishioners & Visitors**

Please Note: Parishioners follow many coming events at
<https://stjosephbalgonie.ca>
Or phone the office @ (306) 771-2387

**Confession is available up to 15 Minutes before Mass
or by appointment**

**MASSES WILL BE CELEBRATED
SATURDAY @ 7:00pm
SUNDAY @ 10:30am**

MORNING MASS: 8:00 am Tuesday to Thursday
7:00 pm Every Friday—Mass & Adoration
9:00 am First Saturday of the month with Adoration

Catechism classes

will be held at St. Joseph's on the following Sunday mornings, commencing with prayers and Adoration of the Blessed Sacrament in the church at 9:15 a.m. The students have class in the basement following prayers. *All parishioners are invited to join us for quiet time in prayer and Adoration.*
February 26; March 5, 12, 19, 26;
April 16, 23; May 21.

St. Joseph's CWL

sponsors a virtual rosary on Monday evenings at 7:00 p.m. using the GoToMeeting app, which is free to download. For security reasons, the link will not be in the bulletin but will be available by contacting Janette Rieger at j.rieger@sasktel.net or 306-539-2928. Please contact Janette or any CWL member with any prayer intentions. Everyone welcome!

Please come join us on **March 4th at St Josephs** at 9:00 am for First Saturday Mass and Adoration followed by coffee and then our guest speaker.

Fr. (Dr.) OLIVER INCHODY, CMI, Ph.D.,
St Cecilia Parish from 10:15 am to 11am for a lenten presentation. Confession will be available after presentation.

Any questions please contact Gwen Herman or Fr Chinh. We hope to see you there!!

Donating Note: Acceptable cheque payee names on donation cheques are as follows:

**St. Joseph Parish, or St. Joseph RC Church,
or St. Joseph Roman Catholic Church.**

Please use one of these acceptable payees when writing your donation cheques to the Parish. Thank you for your continued generosity to St. Joseph.

New Options For Donating to St. Joseph Parish
Please visit our parish website:
www.stjosephbalgonie.ca

Under Giving and Sharing button, click on Donate button for

Donation Options:

Paypal or Credit Card or Debit Card.

Please indicate if Donation is for Operating or Building Fund

We now offer E-transfer
Please email donation to:
Stjosephbalgonie@gmail.com

**February 22,2023
ASH WEDNESDAY Mass**

7:00 pm at St. Joseph, Balgonie
8:30 pm at St. Agnes Parish, Pilot Butte

March 19, 2023

Mass times for Balgonie and Pilot Butte will switch for one weekend only to accommodate St. Agnes AGM after Mass

St. Joseph Balgonie Mass 9:00am
St. Agnes Pilot Butte Mass 10:30 am

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Pain

/pān/

In 1297 English, the word peyn came from Old French peine, which came from Latin poena meaning “punishment, penalty.” In late Latin, it meant to torment, hardship and suffering. Greek ποινή (poine) with a general meaning of “price paid, penalty, punishment.”

In 1644 Descartes' theory was that pain passed along nerve fibres as a disturbance that reached the brain. Descartes's and Avicenna's work evolved to the Specificity theory saw pain as "a specific sensation, with its sensory apparatus independent of touch and other senses." By the end of the 1800s, pain specificity was presented as fact.

Pain is an adaptive response that naturally protects our body from actual or potential injury. It is thought to be a signal from your nervous system that something is wrong. It is an unpleasant subjective sensation that may be constant, intermittent, sharp or dull, aches, tingling, burning, or stinging. It causes physical suffering or discomfort caused by illness or injury. There are differing opinions on whether pain is an emotion that results in mental suffering or distress. Pain is experienced differently by people.

Trauma-Informed Perspective Workshop – Swift Current Deanery

Are you interested in learning about trauma and how it impacts people? We will look at natural disasters, accidents, sudden death and other trauma. Please join us for a Trauma-informed Perspective workshop on February 25th from 9:30 - 4:30 at Christ the Redeemer Parish, Swift Current register at: csaeducation@archregina.sk.

Best Lent Ever!

With Lent just around the corner, we wanted to let you know that the Archdiocese is doing something special to help you have the best Lent of your life. We will be participating in Dynamic Catholic's BEST LENT EVER program and we hope you will join us.

One of the beautiful things about the program is how simple it is. Each day of Lent, you'll receive a short video from bestselling author Matthew Kelly to inspire you and feed your soul. This year's focus is on learning to collaborate with God to create Holy Moments and unlock our soul-potential. It's completely free! Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca

Stewardship Bulletin Bits

February 19, 2023

7th Sunday in Ordinary Time

“But I say to you, love your enemies and pray for those who persecute you...”Matthew 5:44

Love your enemies, easier said than done. But, remember, the foundation of stewardship is prayer. When we are in close communication with God, it opens our heart and it turns our attention away from “me” and moves it towards God and others. It changes my heart and actions, allowing for a little more empathy for “my enemy.” When we pray for others, even our enemies, it may soften their hearts as well.

TF336: Ecumenical Log Drivers with Bishop Bruce Myers OGS - Part 2

After overcoming some technical difficulties, we are pleased to offer part 2 of a Week of Prayer for Christian Unity lecture series offered through the sponsorship of St. Thomas More College, the Prairie Centre for Ecumenism, the Archdiocese of Regina, and Campion College featuring Bishop Bruce Myers at Campion College in Regina.

Drawing on decades of reflection on ecumenical reception and formation, Bishop Myers presents an approach to teaching the practical and theological aspects of ecumenism in a way that is both holistic and pragmatic and offers the potential to raise up a new generation of church leaders who are also agents of reconciliation and Christian unity.


Watch Here:

<https://www.youtube.com/watch?v=DaxTcC9geoE>

Show Link: <https://thinkingfaith.libsyn.com/ecumenical-log-drivers-with-bishop-bruce-myers-ogs-part-2>

Archdiocese of Regina RENEW Lent

RENEW your Lent with inspirational resources and Lenten challenges sent to your inbox each week, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news, text RENEWLENT to 514-900-0130, or email communications@archregina.sk.ca.

The 55+ Senior Group at Our Lady of Peace Parish 425 Broad St North is offering the following programs with a membership fee of \$10.00.....Tuesdays -- Forever in Motion; Wednesdays - - Cards & Fellowship and Stretch & Relaxation; Thursdays – Knit & Chat. On the first Thursday of every month dance to live music. Also as a fund raiser you may  at any Sarcan Depot your beverage containers using the phrase 'HelpUs to HelpOthers'. Call Betty at 545-3402 for more details.

LESSON TWELVE

If the *Catechism* presents Catholic doctrine in a organized way, is the context of that doctrine ignored? Example: God's relationship with his people.

God's "covenant" is evident throughout the *Catechism* and interwoven to provide a unified whole. While the content of some European catechisms are organized according to the "covenant," the text of the *Catechism* normally used in Canada makes regular references to God's relationship with his people.

Who is God? Qui est Dieu?

3 Minute Catechism Video:

archregina.sk.ca/group/catechetical-support-parishes/

Read the *Catechism* Text: CCC#s 198, 212, 293 & 314

Sacred Scripture: Romans 11.33 & 34, Micah 4.12, Proverbs 3.5, Mark 12.24, 1 Cor 2.14.

There is a teaching that it is not possible, on earth, for the human intellect to comprehend God in His fullness, but possibly seen at the Beatific Vision (*visio beatifica*).

St. Augustine: Sermon 67, #5: "*Si comprehendus, non est Deus*", or: if you comprehend it, then it's not God. The moment we think to understand God's plan in our life, is the moment we are wrong. God simply "IS" and beyond all understanding.

- **St. Thomas Aquinas:** *Summa Theologiae* tackles "all things God" by providing theories of God's nature, such as: proof, existence and attributes of God. without defining "who God is".

Holy Cross Late Winter Buffet

Sunday, March 12th, 2023 at the Four Seasons, 909- E Arcola Avenue. Time: 5:30 PM with buffet at 6:00 PM

Cost: \$30.00 per plate, \$25 for youth under 11 years. Or order from menu and pay. Menu: Buffet with chicken, cabbage rolls, perogies,

salad, dessert. Activities: 50/50 draw, silent auction, choice raffle draw. Mark your calendar and plan to come for the fellowship with other friends and family. Tickets are available by calling Wayne at 306-789-8151 or Martin at 306-347-0929 or emailing hc.office@holycrossregina.ca and available after weekend Masses. Funds going to various Holy Cross projects.

Spiritual Care Education course opportunity

CPE Spring Intensive

St. Paul's Hospital, Saskatoon

Full-time, May 8-July 21, 2023

CPE (Clinical Psychospiritual Education) is for anyone interested in spiritual care as a career or as a skill set to further their own volunteering, ministry, or profession. CPE is an opportunity to develop self-awareness and listening skills for providing competent emotional, spiritual, and religious support. Students develop professional practice skills including confidentiality, ethical practice, boundaries and understanding of safe and effective use of self.

Each unit of CPE offers 400 hours of study, including 200 hours of practical experience and 200 hours of supervised, peer-group learning. Tuition is \$1350, academic transcript available.

Find out more at www.CPE-Saskatoon.com

Contact Julie Bergen

Spiritual Care Specialist

St. Paul's Hospital, Saskatoon

Julie.Bergen@saskhealthauthority.ca

306-655-5827

The First Friday/First Saturday vigil in honor of the Sacred Heart of Jesus and the Immaculate Heart of Mary will be held March 3 and 4, 2023 at St. Mary's Church in Regina. Priests will be available for confession at 6:30 P.M. before Holy Mass as well as after Holy Mass. Holy Mass will occur at 7:30 P.M. followed by the all-night vigil ending with Holy Mass at 8:00 A.M. on Saturday morning.

Anyone requesting an announcement be included in the bulletin, please email the information to

ppcsecretary.stjoseph@gmail.com by 5:00 Wednesday.

Thank you

NEW PARISHIONERS/ CHANGE OF ADDRESS

Please complete this form and place in the collection basket

Name(s) _____ Phone: _____ Email _____

Address _____ Date _____

- New Change of Address Wish to have Church Envelopes Wish Home Visit