



St. Joseph Parish
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 Website: <https://stjosephbalgonie.ca>
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Fr. Chinh Vu (Pastor)
 Cell Number: (306) 541-4457
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**The Roman Catholic Parishes
 of
 St. Joseph & St. Agnes**

**“PEACE BEGINS WITH A SMILE”
 (Mother Teresa of Calcutta)**

5th Sunday Ordinary Time

**SALT OF THE EARTH AND
 LIGHT OF THE WORLD**

FEBRUARY 5th, 2023

Parish Council

- | | |
|--------------------|---------------------|
| Chair Person | Lila Schneider |
| Vice Chair | Vacant |
| Deanery Rep | Bob Kardash |
| Ecumenism | John Dean |
| Liturgy | Cheryl Behrns |
| School of Religion | Bill Rieger |
| Social Justice | Jodi Eberle |
| Stewardship | Gewn Herman |
| Pastoral Care | Ken & Diane Fahlman |
| Parish Council Sec | Lila Schneider |
| Youth Ministries | Vacant |
| Parish Coordinator | Vacant |

Finance Council

- | | |
|----------------------|-----------------|
| Chairperson | Bob Kardash |
| Accountant/Treasurer | Cathy Poelzer |
| Building & Grounds | Mike Schneider |
| Members at Large | Russel McCallum |

Representatives

- | | |
|---------------------|-----------------------|
| CWL President | Lynne Kardash |
| Knights of Columbus | Lawrence Brisbois, GK |



SPHS— Board of Directors

- President:** Stephanie Vukman
Vice-president: Ken Fahlman
Secretary: Dorothy Herauf
Treasurer: Christina Herauf
Liturgy chair: Laura ignatiuk--Herauf
Maintenance chair: LeRoy Steinhubl

Website: <https://stpeterkronau.ca/>
 Email: stpeterkronau@gmail.com



Pope Francis’ February Prayer Intention:
For parishes - We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

From today’s Reading

Isaiah 58:6-10++/ 1Corinthians 2:1-5/ Matthew 5:13-16

Matthew has already introduced Jesus as the light of a darkened world. Now the function of enlightening and guiding a morally confused humanity is shared with his disciples.

In the ancient world, salt was one of the most important necessities of life, especially for preserving and seasoning food. So too was light for obvious reasons. We shouldn’t turn salt and light into allegories. They are just images. Both images are making the same point: Jesus’ disciples have a vital role to play in the world through their good deeds. When the disciples stop witnessing through their deeds, they become as useless as salt that has lost its taste or a lamb that does not give light.

HOSPITAL CHAPLAINS

Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people’s fears and concerns, to bring Communion, and to contact a priest for anointing of the sick. Pasqua Hospital, (306) 519-1380 General Hospital (306) 519-1405 Wascana Rehabilitation Centre (306) 530-6511



ST JOSEPH PARISH

**Welcome all
Parishioners & Visitors**

Please Note: Parishioners follow many coming events at
<https://stjosephbalgonie.ca>
Or phone the office @ (306) 771-2387

***Confession is available up to 15 Minutes before Mass
or by appointment***

**MASSES WILL BE CELEBRATED
SATURDAY @ 7:00pm
SUNDAY @ 10:30am**

MORNING MASS: 8:00 am Tuesday to Thursday
7:00 pm Every Friday—Mass & Adoration
9:00 am First Saturday of the month with Adoration

Catechism classes

will be held at St. Joseph's on the following Sunday mornings, commencing with prayers and Adoration of the Blessed Sacrament in the church at 9:15 a.m. The students have class in the basement following prayers. *All parishioners are invited to join us for quiet time in prayer and Adoration.*
February 12, 19, 26; March 5, 12, 19, 26; April 16, 23; May 21.

St. Joseph's CWL

sponsors a virtual rosary on Monday evenings at 7:00 p.m. using the GoToMeeting app, which is free to download. For security reasons, the link will not be in the bulletin but will be available by contacting Janette Rieger at j.rieger@sasktel.net or 306-539-2928. Please contact Janette or any CWL member with any prayer intentions. Everyone welcome!

March 11, 2023

Reconciliation Day
1:00 pm to

Donating Note: Acceptable cheque payee names on donation cheques are as follows:

**St. Joseph Parish, or St. Joseph RC Church,
or St. Joseph Roman Catholic Church.**

Please use one of these acceptable payees when writing your donation cheques to the Parish. Thank you for your continued generosity to St. Joseph.

New Options For Donating to St. Joseph Parish
Please visit our parish website:
www.stjosephbalgonie.ca

Under Giving and Sharing button, click on Donate button for

Donation Options:

Paypal or Credit Card or Debit Card.

Please indicate if Donation is for Operating or Building Fund

We now offer E-transfer
Please email donation to:
Stjosephbalgonie@gmail.com

February 12, 2023

Brunch after 10:30 Mass

**February 22, 2023
ASH WEDNESDAY Mass**

7:00 pm at St. Joseph, Balgonie
8:30 pm at St. Agnes Parish, Pilot Butte

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Trauma is the Greek word for "wound" and was first recorded in 1685 in the medical literature and only described physical wounds. Two centuries later, "Psychic wounds" would be used and began the shift of what we see trauma as now. CAMH describes trauma as "the lasting emotional response that often results from living through a distressing event." Although trauma can still be used to explain physical wounds, it is now more associated with emotional or psychological trauma.

Trauma Informed Perspectives Workshop

On Saturday, February 11, from 9:30 a.m. – 4:30 p.m., Resurrection parish is hosting the Regina East Deanery workshop on A Trauma-informed Perspective. Lorie Harrison and Pamela Walsh will present and invite you to learn and explore what trauma is and how it impacts people. This workshop is open to everyone. If you have questions or wish to register, please contact csaeducation@archregina.sk.ca. The registration deadline is February 3, 2023.

Young Adult Winter Ball

Looking for an excuse to dress your best? Hungry for a tasty meal? Itching for a night of fun? Look no further!

What to expect: Adoration*, catered dinner, easy dance lessons, and a fun Spotify playlist! Friday, February 17, beginning at 6:00 PM with adoration and supper at 7:00 PM. The cost is \$20, and you can register here: bit.ly/ArchOYYAM *if you are joining us for adoration only, you do not need to pay or register

We Still Do- Spend an evening with other married couples growing together in faith and fun. The evening will include a video and discussion questions, followed by time for fellowship. Upcoming dates: February 11, March 11, April 15, May 13, June 10. Sessions are drop-in. Kinlin Room, St. Martin De Porres parish, 7:30 - 9:00 pm Contact Miri and James Schiller for more info- eereginnacc@gmail.com or 306-535-7518

Stewardship Bulletin Bits

February 5, 2023

5th Sunday in Ordinary Time

"Let your light shine before others, that they may see your good works and give glory to your Father who is in heaven."
Matthew 5:16

The generosity of being a good steward of your gifts has a positive effect on people and it is contagious! Good works encourages more good works. Generosity is a by-product of a grateful lifestyle. The more we recognize God's gifts, the more we want to share them. Good stewards recognize that God is working through them and they don't put themselves above the people they have been called to help.

TF334: Evangelization and the Word of God with Deacon Eric Gurash

This week Deacon Eric discusses a recent trip to the Yorkton area where he spoke about evangelization and parish renewal with a focus on evangelization as the core mission of the Church and how the Word of God provides a key starting point. Show Snippet: "In 2019, Pope Francis gave us a key starting point by declaring the third Sunday in Ordinary Time "Word of God Sunday". As the new Liturgical season begins, and at the start of every year moving forward, Pope Francis issues this clear encouragement to the whole People of God, to get to know the Word. I offer three reasons for this wisdom..."
thinkingfaith.libsyn.com/evangelization-and-the-word-of-god-with-deacon-eric-gurash

CALLING ALL LAY FORMATION ALUMNI...

A small group of recent Lay Formation Program graduates have come together to create a Lay Formation Alumni. We all shared a very important and life-affirming journey in the program. We share new skills and knowledge acquired in the program, and an ember has been carefully lit in each of us. The Archdiocese of Regina Lay Formation program has been working continuously since 1983. Since then, 591 people have been commissioned through the program, but, unfortunately, we do not have contact information for everybody. If you are interested in being part of the Lay Formation Alumni, send your contact information to Aseret Ruiz at: Email: Aseret.ruizp@outlook.com or Cell: 306-201-6317 SAVE THE DATE: We are planning an Alumni gathering Saturday, June 17, 2023 in Regina at Campion College. Please also join our Facebook page for news and updates; <https://www.facebook.com/groups/880670182966329>.

Catechesis of the Good Shepherd (CGS) Open House

February 25, 2023

9:00 AM – 12:00 PM

Holy Rosary Cathedral Basement

Good Shepherd Presentations at 10:00 and 11:00 AM

—is a Montessori-based religious program for children ages 3-9 years of age. The atrium, or sacred space for spiritual growth, allows opportunities for children to interact directly and intensely with materials specially prepared by the Catechists and religious community. The atrium is not a classroom but rather a place prepared for the child to fully receive God’s love and feel His presence.

- Level I serves children ages 3-6 yrs. who receive presentations on the Kingdom of God Parables, Altar and parts of Mass, Geography of Israel, Infancy Narratives, Paschal Mystery, Baptism and Jesus as the Good Shepherd. The eventual aim of the atrium is to prepare children to develop and nurture their faith and to participate more fully in Mass.
- Level II serves children ages 6-9 years and expands on Level I work as well as Sacramental Preparation and Moral Formation.

Shall We Dance- Dinner and Dance

February 18, 2023

6-10 pm

Tickets @ \$35 includes supper.

Proceeds go to ANCOP Regina Community Development Program.

St. Martin de Porres is having a Pick-up Ukrainian Supper Sunday February 26, 4:30 – 5:30 pm

Our finance committee is hosting a pick-up Ukrainian style meal on February 26, 2023, to raise funds for our parish. The meal will include perogies, sausage, coleslaw, buns, and dessert, and is catered by Valley Girls Catering. Your delicious meals will be delivered in a takeout package. Each boxed meal costs \$30.

Tickets available through the parish office beginning Tuesday January 10 until Friday February 10. Cash, cheque or e-transfer are accepted. E-transfer email:

st.martinsadmin@sasktel.net

GOOD FOOD, FUN, FAMILY, AND FRIENDS

“Dear Friends, let us love one another, for love comes from God.” 1 John 4:7

ROAST BEEF SUPPER

FRIDAY, FEBRUARY 10, 2023, beginning at 5 p.m. at HOLY ROSARY CATHEDRAL HALL at the corner of Cameron Street and 13th Avenue, (use east parking lot entrance to the basement).

CATERED BY CHARLOTTE’S CATERING: \$25. per plate. for tickets call:

Bernadette at (306) 525-0049 (landline) or (306) 537-4158 (mobile).

all proceeds toward Holy Rosary Cathedral’s refugee sponsorship

Have you been thinking of one day going to Medjugorje - could this be the time?

Join us from 11th April-21st on a pilgrimage to Medjugorje.

Daily Mass

Rosary on Apparition Hill

Stations of the Cross on Cross Mountain Talks by clergy & visionaries (when available) Visit to Cenacola - rehab for young men Eucharistic Adoration (outdoors) not to be missed.

Professional Guide

For more information, call Cathleen 306-789-0705

itwewin Corner (*itwewin* is the Cree word which means ‘the word’ or ‘as it is said...’)

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know...Cowessess First Nation is located along the Crooked Lake Valley 15 kilometers north of Broadview. The population is approximately 4300 members who reside on and off the First Nation. Chief Ka-wezauce (Little Boy) adhered to Treaty 4 on September 15, 1874, with his Anishinabe (Saulteaux), Nêhiweyak (Cree), & Metis followers. The Marieval Indian Residential School was in the valley and operated by the RC church from 1899 to 1997. Today, Cowessess Community Educational Centre, a K - Grade 12 school with 196 students stands in this location and is operated by the First Nation.

Anyone requesting an announcement be included in the bulletin, please email the information to

ppcsecretary.stjoseph@gmail.com by 5:00 Wednesday.

Thank you

NEW PARISHIONERS/ CHANGE OF ADDRESS

Please complete this form and place in the collection basket

Name(s) _____ Phone: _____ Email _____

Address _____ Date _____

- New Change of Address Wish to have Church Envelopes Wish Home Visit